

2018 NORTH DAKOTA HIGH SCHOOL COACHES CROSS COUNTRY POLL

34 coaches voted in this weeks poll

Date: October 17, 2018 - Final Poll

Class B Girls:

Teams

- 1 Rugby
- 2 Hillsboro/Central Valley
- 3 Mayville-Portland-Clifford-Galesburg
- 4 New Town
- 5 Thompson

Individuals

- 1 Lanna Krack (Thompson)
- 2 Reagan Baesler (Hillsboro/Central Valley)
- 3 Dreah Frolek (Sargent Central/Lidgerwood/Oakes)
- 4 Quinn Neppi (Rugby)
- 5 Jakkia Duffy (LaMoure/Litchville-Marion)

- 6 Elise Ramberg (Langdon Area/Edmore/Munich)
- 7 Jensyn Zink (Hillsboro/Central Valley)
- 8 Amanda Jerrett (Carrington)
- 9 Shambre Feiring (Stanley)
- 10 Hannah Westin (Shiloh Christian)

Other teams receiving votes: Bowman County

Class B Boys:

Teams

- 1 New Town
- 2 Hillsboro/Central Valley
- 3 Rugby
- 4 Griggs County Central
- 5 Bowman County

Individuals

- 1 Isaac Huber (Edgeley/Kulm)
- 2 Jaiven Hale (New Town)
- 3 Robert White (New Town)
- 4 Colton Anderson (Hillsboro/Central Valley)
- 5 Noah Rolfe (Stanley)

- 6 Chase Fossum (Hillsboro/Central Valley)
- 7 Ricardo Chase (New Town)
- 8 Payton Smith (Carrington)
- 9 Hunter Denault (Pembina County North)
- 10 Pierce Cooper (Thompson)

Other teams receiving votes: Thompson

Class A Girls:

Teams

- 1 Fargo Davies
- 2 Bismarck Century
- 3 Grand Forks Central
- 4 West Fargo
- 5 Minot

Individuals

- 1 Meghan Ford (Jamestown)
- 2 Kayla Ogle (Watford City)
- 3 Megan Lundstrom (Fargo Davies)
- 4 Kelby Rinas (Mandan)
- 5 Eleni Lovgren (Williston)

- 6 Mikayla Wiess (Grand Forks Central)
- 7 Erin Palmer (Bismarck Century)
- 8 Emily Goldade (Bismarck Century)
- 9 Hope Pringle (West Fargo)
- 10 Bridget Henne (Fargo Davies)

Other teams receiving votes: Mandan

Class A Boys:

Teams

- 1 Williston
- 2 Bismarck Legacy
- 3 Grand Forks Red River
- 4 Bismarck Century
- 5 Bismarck

Individuals

- 1 Brady Yoder (Dickinson)
- 2 Sean Korsmo (Dickinson)
- 3 Alex Luz (Fargo North)
- 4 Carl Reis (Bismarck Legacy)
- 5 Micade Shumway (Williston)

- 6 Gunner Alvarado (Williston)
- 7 Jacob Knodle (West Fargo Sheyenne)
- 8 Austin Wald (Bismarck Century)
- 9 Jake Arason (Grand Forks Red River)
- 10 Juan Flores (Bismarck)

Other teams receiving votes: